

Eight dimensions of wellness graphic

The top of the graphic reads "8 dimensions of wellness."

Below is a circle divided into eight sections. In the center is a figure that looks like the outline of a person doing yoga. Each of the section features one of the eight dimensions with its name and an icon that represents it.

The dimensions and icons include:

- Emotional with a picture of a heart
- Intellectual with a picture of a lightbulb
- Occupational with a picture of two hands shaking
- Social with a picture of three stick figures
- Financial with a picture of a dollar sign
- Physical with a picture of a stick figure running
- Spiritual with a picture of a sun
- Environmental with a picture of the planet Earth